

Certificate of attendance



HOLLY COLE

has attended an Adult MHFA Two Day course and is now a Mental Health First Aider. This course teaches in depth skills for providing first aid to people who may be experiencing mental health issues such as depression, anxiety and psychosis.

10th - 11th March 2020

Date of attendance

Instructor Member

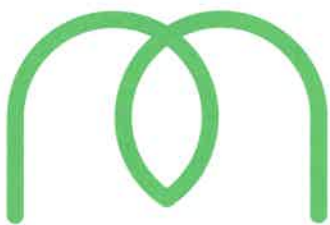
Your Mental Health First Aid (MHFA) England certificate is valid for three years from the date you completed the course. We recommend you keep your skills and knowledge up to date with MHFA Refresher training. For more details visit our website, mhfaengland.org.

MHFA England is a community interest company working to improve the mental health of the nation. Through our training, campaigning, and reinvesting, we equip people with the skills to support their own and others' wellbeing.

We believe in zero stigma around mental health. We want mental health to be openly discussed and supported. Together, let's create a society where everyone can thrive.

Simon Blake

Simon Blake OBE
Chief Executive
MHFA England



MHFA England

mhfaengland.org
info@mhfaengland.org
0203 928 0760

CIC registration number: 702139
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